

PA PQC Hospital Name:	Maternal Substance Use Key Interventions:	Substance Exposed Newborn Key	Immediate Postpartum Long-Acting Reversible
		Interventions:	Contraception (IP LARC) Key Interventions:
Allegheny Health	-Provided staff-wide education on SUD/OUD as	-Educate staff on ESC model	
Network - Forbes	well as use of the 5P screening tool	-Educate patients on ESC model	
Hospital	-Began screening all pregnant people for	-Assist in non-pharmacologic treatment options	
	OUD/SUD in the outpatient setting at the first		
	prenatal visit, 28 weeks, and postpartum visit		
	-Refer appropriate patients to our Perinatal		
	Hope Program and/or social work to identify		
	needs/plans for the remainder of the pregnancy		
	-Educated all inpatient staff and began using the		
	5P screen inpatient on any patient without a		
	previous outpatient screen		
	-Presented simple yes/no questions on paper in		
	hopes to increase patient comfort level in		
	answering screening questions		
Allegheny Health	-Provided staff-wide education on SUD/OUD		
Network - Jefferson	and use of 5P screening tool		
Hospital	-Began screening all pregnant people for		
	OUD/SUD in the outpatient setting at the first		
	prenatal visit, 28 weeks, and postpartum visit		
	-Refer appropriate patients to our Perinatal		
	Hope Program and/or social work to identify		
	needs/plans for the remainder of the pregnancy		
	-Educated all inpatient staff and began using the		
	5P screen inpatient on any patient without a		
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	hopes to increase patient comfort level in		
	answering screening questions		
Allegheny Health	-Increase education among patients related to	-Increase identification of SENs and diagnosed	
Network - West Penn	substance use	NAS and FASD	
Hospital	-Increase education among healthcare team	-Decrease hospital LOS for NAS	

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	members to address stigma related to	-Increase percentage of NAS who receive non-	
	substance use	pharmacologic	
	-Increase universal screening and follow-up for	Treatment	
	substance use among pregnant and postpartum	-Increase breastmilk feeding among parents	
	individual	with SUD if not	
	-Increase prenatal and postpartum individuals	contraindicated and caregivers	
	with SUD who initiate SUD treatment (including	-Increase referrals to and engagement in	
	Medication for OUD)	outpatient family care services, including	
	-5 Ps screening; naloxone at discharge will be	physical, behavioral, and social services	
	beginning	-Follow-up phone calls to parents of SENs	
Allegheny Health	-Provided staff-wide education on SUD/OUD		
Network - Wexford	and use of the 5P screening tool		
Hospital	-Began screening all pregnant people for		
	OUD/SUD in the outpatient setting at the first		
	prenatal visit, 28 weeks, and postpartum visit		
	-Refer appropriate patients to our Perinatal		
	Hope Program and/or social work to identify		
	needs/plans for the remainder of the pregnancy		
	-Educated all inpatient staff and began using the		
	5P screen inpatient on any patient without a		
	previous outpatient screen		
	-Presented simple yes/no questions on paper in		
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St. Clair Hospital	-We began using the 5Ps tool for outpatient	-Pre-identification prior to admission to begin	-To date we formed a team: team updates due
	prenatal visits and inpatient admissions to our	the Plan of Safe Care	to turnaround
	hospital in June 2019	-Plan of Safe care built into our EHR to be	-Key physician lead, Social Work/Case
	-We coordinated with affiliated OB offices for	completed on all SEN by our Perinatal Social	Management, Clinical Integration Specialist,
	them to utilize this tool for screening their	Worker	Director W&C Services, Director Inpatient
	pregnant patients in the office setting, starting		Pharmacy
	the 1 <sup>st</sup> prenatal visit, then 2 <sup>nd</sup> and 3 <sup>rd</sup> trimester		-Develop the supporting structure, processes,
	-We provided OB offices with referral forms to		team roles, and skills to offer contraceptive
	be faxed to our Level 2 Nursery Coordinator for		counseling and access, including IPLARC
	follow-up care. When our nursery coordinator		-Increase access to IPLARC among eligible
	receives a referral, she reaches out to the family		women desiring IPLARC
	to discuss the care they can expect when they		
	arrive for their delivery.		
	-We educated inpatient nursing staff on the 5Ps		
	screening tool and implemented it to be utilized		
	on all patients admitted.		

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UPMC - Altoona		<ul> <li>-A Parent Partnership Unit (PPU) was implemented to focus on mothers and newborns using the Eat, Sleep, Console (ESC) assessment and using targeted non- pharmacologic soothing strategies to decrease length of stay and need for pharmacologic treatment.</li> <li>-Interdisciplinary meetings utilized the Plan Do Study Act method to discuss project goals, needs, and evaluate progress throughout the year. Newborn data was collected from financial reports including identification of newborns with an ICD-10 codes P04.49, P04.14, and P96.1, LOS, and use of pharmacologic treatment.</li> </ul>	Contraception (IP LARC) Key Interventions: -Ensure IT systems are modified to document acquisition, stocking, ordering, placement, counseling, consent, billing, and reimbursement for IPLARC. -Ensure all patients receive contraceptive information prenatally- including the option to receive IPLARC. -Modify L&D, OB OR, postpartum workflows to identify and have devices available for pts desiring LARC. Store LARC devices for easy access in a timely manner. -Educate clinicians, community partners and nurses on informed consent and shared decision making. -Involve pharmacy for obtaining the device & distribution to ensure timely placement. -Assure billing codes are in place and that staff in all necessary departments are educated on correct billing procedures- device and procedure costs. -Participate in hands-on training of IPLARC insertion. -Shared UPMC consent processes for IPLARC to customize for each hospital. -Educate providers, nurses, lactation consultants, social workers about clinical recommendations related to IPLARC placement and breastfeeding. -Assure all patients receive comprehensive contraceptive counseling prior to discharge.
UPMC - Magee Womens Hospital	<ul> <li>-Formation of Perinatal Substance Use Disorder</li> <li>(SUD) Committee across UPMC to improve care for birthing people &amp; infants</li> <li>-Bias/stigma staff education</li> <li>-Universal substance screening with validated tools &amp; offering medication for opioid use disorder</li> <li>-Providing Narcan at discharge</li> <li>-Plans of Safe Care initiated prior to discharge</li> <li>-Achieved system-wide Gold Cribs for Kids Safe</li> </ul>	<ul> <li>-Increase identification of SENs and diagnosed NAS and FASD</li> <li>-Decrease hospital LOS for NAS</li> <li>-Increase percentage of NAS who receive non- pharmacologic treatment</li> <li>-Increase breastmilk feeding among parents with SUD if not contraindicated and caregivers</li> <li>-Increase referrals to and engagement in outpatient family care services, including physical, behavioral, and social services</li> </ul>	

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	Sleep designation as unsafe sleep deaths	-Allowing pts with polysubstance to stay and	
	highest in SUD population	provide non pharm care. Implemented	
	-Nurse Navigator to provide support, improve	structured process for Plans of Safe Care that is	
	communication, & refer to community	in coordination with outpatient.	
	resources	-Providing bridge milk to babies in the parent	
	-Standardized discharge education	partnership unit	
Washington Health	-Inviting community-based organizations to	-Invitations to community-based organizations	
System	present at the monthly WHS Perinatal Quality	to present at the monthly Washington Health	
	Team meetings. The focus of the presentations	System Perinatal Quality Team meetings.	
	is to share information about available	-Presentations are focused on sharing	
	resources for patients/families coping with	information about available resources thus	
	SUD/OUD, and to broaden the knowledge base	broadening the knowledge base of providers	
	for providers and community agencies trusted	and	
	in the care of those patients/ families.	team members.	
		-Collection and distribution of patient	
		educational materials and referral pathways.	