

PHOENIXVILLE HOSPITAL/ TOWER HEALTH

Problem statement:

- Provide safe sleep education to ancillary staff to reinforce learning to maternity patients and families.

Focus Area/Measures/Results:

- Education last year to staff was provided to nurses, which educated 100% of our nursing staff.
- We added educating our ancillary staff, which had been 0% in 2024. Education to ancillary staff is now 100% in 2025.
- 100% of our entire staff has now taken the Safe Sleep Pre-test and is assigned to the Safe Sleep Learning in our hospital learning hub.
- Post test will be given when all the assigned Safe Sleep Education in our learning hub is complete.
- Status: In progress.

SAFE SLEEP: Goal:

**Reduce infant deaths due to unsafe sleep practices in the area the hospital serves.
 (Chester, Montgomery and Berks, and Bucks Counties)**



PROMOTING SAFE SLEEP: KEY INTERVENTIONS:

- All new safe sleep posters placed in every patient room.
- Participate in Keystone 10
- Safe Sleep Escape room on Skills day
- Safe Sleep knowledge assessment pre-test.
- Education in hospital learning hub.
- Post education test in hospital learning hub.
- Safe sleep sack gift given to all patients on discharge.
- Teach safe sleep in Community Health classes,
 (i.e. Birth prep, Grandparent class, Babysitting)



Dissemination:

- Safe sleep information provided to OB/Gyn offices.
- Discussed Safe Sleep initiative at monthly OB Meetings
- Discussed Safe Sleep initiative at Hospital Quality Council meeting

FIND THE UNSAFE SLEEP RISKS:



SAFE SLEEP EXAMPLE:



WHAT WE WOULD LIKE TO LEARN FROM OUR PEERS:

How do you get practices involved with Safe Sleep teaching that are not affiliated with your organization?