Why TEAMBIRTH

TeamBirth is a care process innovation that supports open communication among patients, their support people, and clinicians across the maternal health continuum. TeamBirth consists of:



1. **Team huddles** that provide structured conversations with all members of the care team including the patient and their support person.
2. **A shared planning tool -** like a dry erase board - that is a visual guide for structuring and documenting the huddle conversation.
3. **Implementation guidance** on evidence-based strategies - like adapting TeamBirth, training, and collecting data - that supports efficient, effective, and sustainable TeamBirth practice change.

The TeamBirth intervention & implementation program was developed over a number of years at Ariadne Labs, with a design process that included literature review, expert and user validation, workflow mapping, prototyping, rapid cycle testing, and research. The program was piloted in four hospitals over 2018 - 2019 and has since spread to over 100+ hospitals in the United States and beyond.

Every patient, every time, everywhere

TeamBirth is establishing a new **standard of care**

- Ensuring every patient receives the same quality treatment *no matter what*
- Supporting every clinician feel confident they provided respectful equitable care to all patients

Safe and dignified birth for all

Everyone deserves a dignified and safe childbirth experience

- TeamBirth **elevates patient voices**
- TeamBirth empowers shared decision-making which is *fundamental to providing safer care*

Simplicity, Feasibility, Efficiency

TeamBirth **streamlines existing care processes** to decrease miscommunication

- Improves efficiency by cutting down on duplicate conversations
- Decreases dissatisfaction by creating shared understandings and expectations

Greater satisfaction all around

TeamBirth creates a structered moment when all members of the care team - patient, support person(s), nurse, physician, midwife, doula, etc - are seen & heard

- Facilitates **transparent communication**
- Cultivates a clinical environment were staff feel more connected, empowered, and accountable

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