

Delivering on our Promise: Patient Centered Care Bundles to Meet the Needs of Patients Diagnosed with OUD and/or SEN

Penn Medicine-Pennsylvania Hospital, Philadelphia PA



About Pennsylvania Hospital

- 493 Bed Urban Teaching Hospital in Center City Philadelphia
- Nation's first hospital founded by Benjamin Franklin & Dr. Thomas Bond in 1751
- Over 29,000 inpatient admissions and 115,000 outpatient visits each year, including over 5,000 births
- Certified in Perinatal Care through the Joint Commission and Baby Friendly through Baby Friendly USA
- One of five Magnet designated acute-care hospitals in the University of Pennsylvania Health System



Background & Purpose

Pennsylvania Hospital's Women's Health Division remains devoted to caring for patients experiencing Opioid Use Disorder. The Pennsylvania Hospital Maternal Opioid Use Disorder Taskforce identified ways to help facilitate success in our maternal patient population post discharge



1. Prescribing Narcan to patients who screen positive for opioid use disorder on admission
2. Distributing diaper bags filled with newborn supplies to support families during the transition to home
3. Collaborating with a Certified Recovery Specialist in the care of OUD patients to better support patients after discharge and ensure our care models are meeting the needs of this population

Distributing Narcan

The Women's Health Leadership Team collaborated with an Interdisciplinary team to create a pathway for discharging patients home with Narcan if there is a positive substance use screen utilizing the 5P's Screening Tool at admission. The Interdisciplinary team worked to:

1. Collaborate with the Pharmacy team to ensure that Narcan would be stocked within our medication management system and readily available for distribution upon discharge
2. Educate staff (RN and Providers) on patient education resources, proper ordering, and the proper way to dispense Narcan to patients discharging



Since implementation, we have seen about 50% of patients with a positive screen accept Narcan on discharge.

Diaper Bags



Our Substance Exposed Newborn Taskforce discussed ways to support our patients as they transition home with their newborns. They came up with the idea of distributing diaper bags to OUD patient's upon discharge.

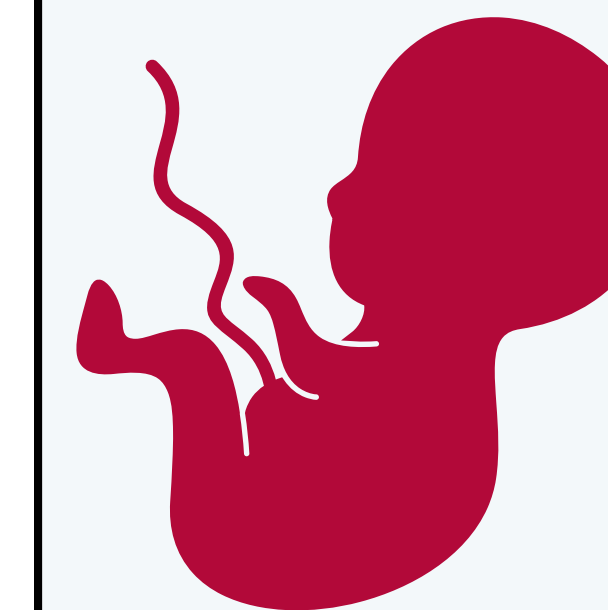
Items within the diaper bags:

- Water Bottle
- 2 Sleep Sacks
- Sound Machine
- Diaper Changing Pad
- Wawa Gift Card



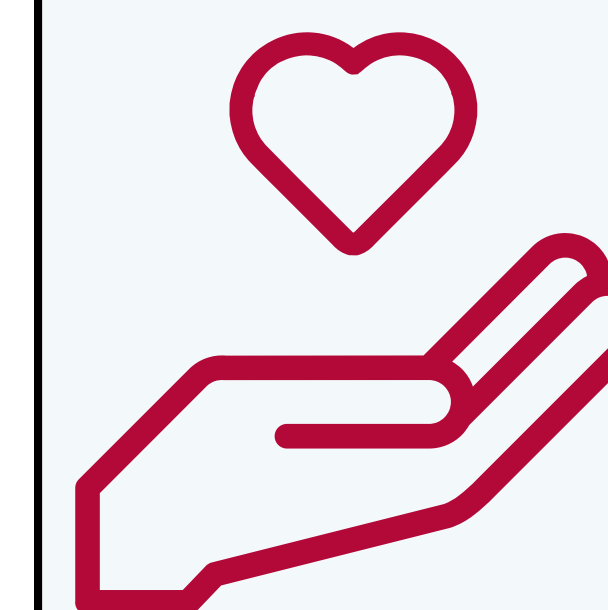
Certified Recovery Specialist

Pennsylvania Hospital's Women's Health Division started utilizing a Certified Recovery Specialist (CRS) who works with our patients throughout all stages of pregnancy experiencing Opioid Use Disorder. We identified the importance of peer-to-peer support with a warm hand off to post admission care. Our CRS provides continuity of care throughout pregnancy in ways such as:



Delivering compassionate and unbiased prenatal and postpartum care. Encouraging patients to communicate with their physicians and attend their appointments.

Evaluating all needs and readiness for treatment at any stage of pregnancy. Providing support to patients who are in active recovery as they manage their pregnancy.



Providing access to numerous resources, such as social work, behavioral health, lactation counseling, nutrition counseling and parenting resources for their newborn.

Conducting follow-up phone calls at different intervals to ensure their parenting journey is going well with their newborn.



Continuous Quality Improvement

The Maternal Opioid Use Disorder Taskforce meets regularly to discuss ways to improve the care of patients and to review the data of our current care provided. The Women's Health Quality team also meets with our Certified Recovery Specialist to review feedback she receives from patients and to collaborate on new ways to improve care for patient's experiencing Opioid Use Disorder at Pennsylvania Hospital.