

# Overcoming Obstacles: Identifying Barriers and Improving Safe Sleep Practices for Newborns

## AHN Jefferson Hospital



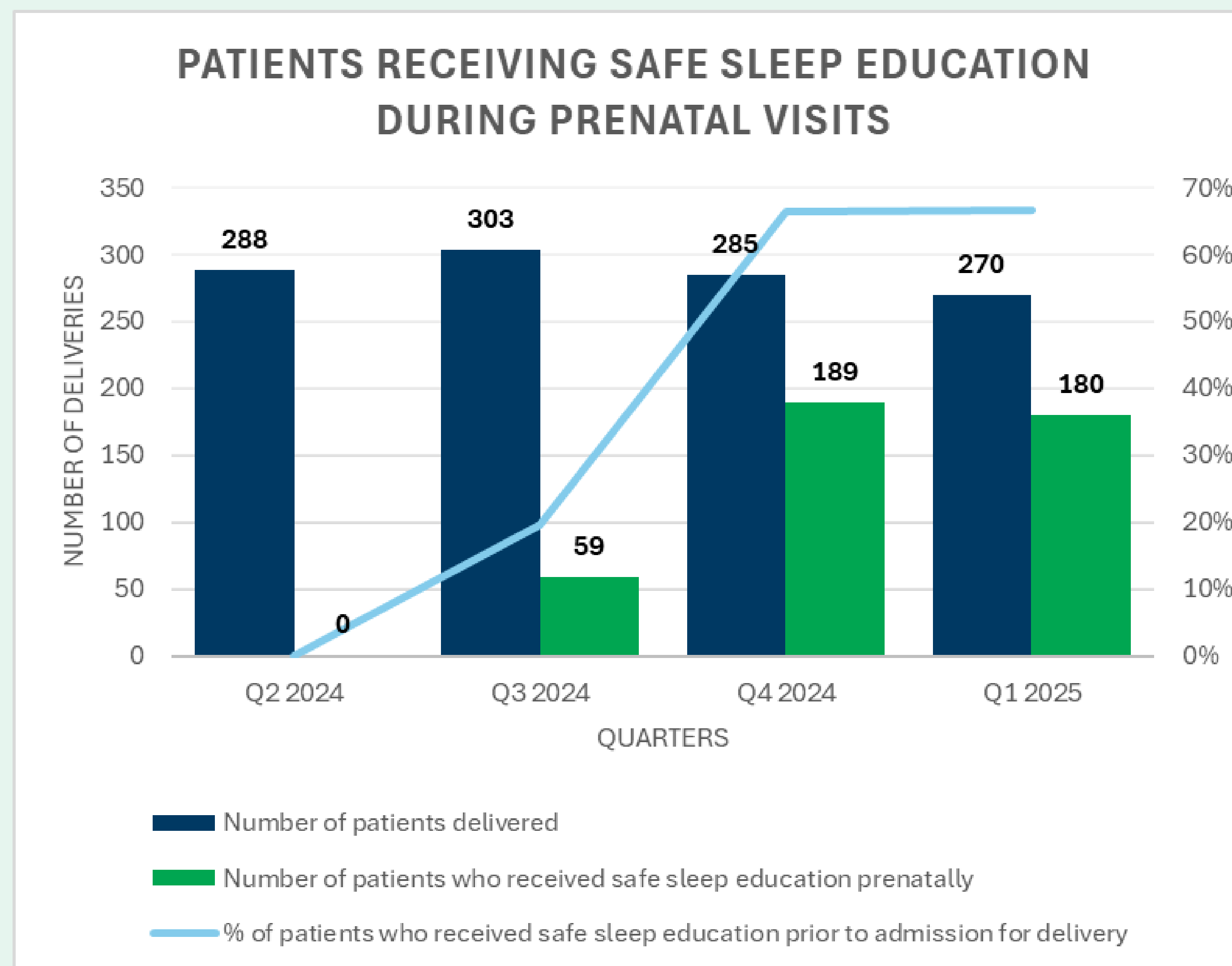
- 31 Bed Obstetrical Unit
- 3 Bed Level 2 NICU
- Keystone 10 Designated
- 1166 Deliveries in 2024

### Our Team

- Inpatient and Outpatient Nursing
- Medical Director
- L&D Leadership Team
- Outpatient Practice Manager
- Professional Development Specialist
- Quality Director

### Primary Contact information

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### Problem Statement

While all newborns deserve a safe sleep environment, Haitian Creole mothers often face social and financial barriers that prevent them from providing this essential need for their infants

### Focus Area

Safe Sleep

### Status

Sustaining

### Measures

- Auditing question in Epic added to assess prenatal safe sleep education
- Audit all postpartum mothers for safe sleep practices throughout their inpatient stay

### Key Interventions

- Developed a one-page, safe sleep education handout in Haitian Creole which was added to the new OB packets
- Following hourly rounding protocols and safe sleep audits to ensure a safe sleep environment is in place
- Track unsafe sleep events found during auditing and continuing to adjust what interventions are needed to reduce the rate
- Providing continuous patient education throughout inpatient stay, modeling safe sleep behavior, adding to prenatal education already received
- Providing safe sleep supplies to identified patients in need (cribnettes from Cribs4Kids and wearable blanket from AHN)

### What We'd Like to Learn

- Are other locations still finding patients in unsafe sleep environments?
- Is social media having an impact on adhering to safe sleep practices?



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