



# LVHN Schuylkill Safe Sleep



Proudly Part of Jefferson Health

## Problem Statement

Barriers inhibiting understanding of safe sleep education and inconsistency of patients practicing safe sleep methods

## Measures

1. Proportion of inpatient staff educated on safe sleep in the previous year
2. Proportion of outpatient staff educated on safe sleep in the previous year
3. Proportion of clinical staff educated on motivational interviewing in the previous year
4. Percentage of patients with delivery in the month that received safe sleep education

## Focus Area

Reduce infant deaths in PA related to unsafe sleep practices

1. Healthcare professionals understand, endorse, and model safe sleep practices
2. Infant caregivers have knowledge, skills, and feel empowered to implement safe sleep practices
3. Community champions promote safe sleep
4. Policies support and facilitate safe sleep practices

## Key Interventions

1. Increase in safe sleep education provided to OB patients during their prenatal care
2. OB patients are tested on their knowledge of safe sleep practices at their OB intake and PP visits

On this topic we would like to learn how better to track safe sleep deaths in our area

## Patient Voice

OB patients are given the opportunity to provide feedback in regard to the education they were provided during their pregnancy as well as postpartum

## Status

Implementing

## Results

QA staff random audit showed that 126 of 143 OB patients were provided safe sleep education. These numbers include patients who received minimal or no prenatal care and may have opted out of nurse visits.

Post test surveys were limited due to minimal deliveries during this time period, 2 post tests were completed. Positive feedback was received from these patients.

