

Improving Our Quality of Care: Safe Sleep

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Problem Statement

There is a lack of standardization related to Safe Sleep Education and Resources across the Care Continuum

Our Interdisciplinary Team

- Clinical Ambulatory Representatives
- Clinical In-patient Representatives

Existing Interventions

- Inpatient Safe Sleep policy
- Standardized Education for all obstetric and pediatric inpatient providers & staff
- Relationship with Cribs for Kids
- Sleep Sacks for all patients at discharge
- Safe sleep audits

Initial Gap Analysis Findings

- Lack of standardized education and training for healthcare professionals on current guidelines from the American Academy of Pediatrics in relation to safe sleep
- Lack of consistent safe sleep messaging and the effectiveness of safe sleep caregiver education across the continuum
- Lack of an outpatient safe sleep policy to support and facilitate safe sleep practices

Interventions

- Initiated mandatory staff education in Obstetrics, Pediatrics, and Family Medicine offices for all current staff and the onboarding process
- Display Safe Sleep posters in Obstetric, Pediatrics, and FM offices
- Review the inpatient policy
- Create an outpatient policy
- Safe Sleep education provided to all patients upon discharge from the hospital

Moving Forward

- Mandatory education for all new staff members
- Develop a survey to evaluate the effectiveness of safe sleep caregiver education and materials
- Staff will continue to endorse safe sleep practices
- Ensure families are provided the safe sleep information throughout the pregnancy and at discharge from hospital
- Reinforce safe sleep practices at pediatric visits

