



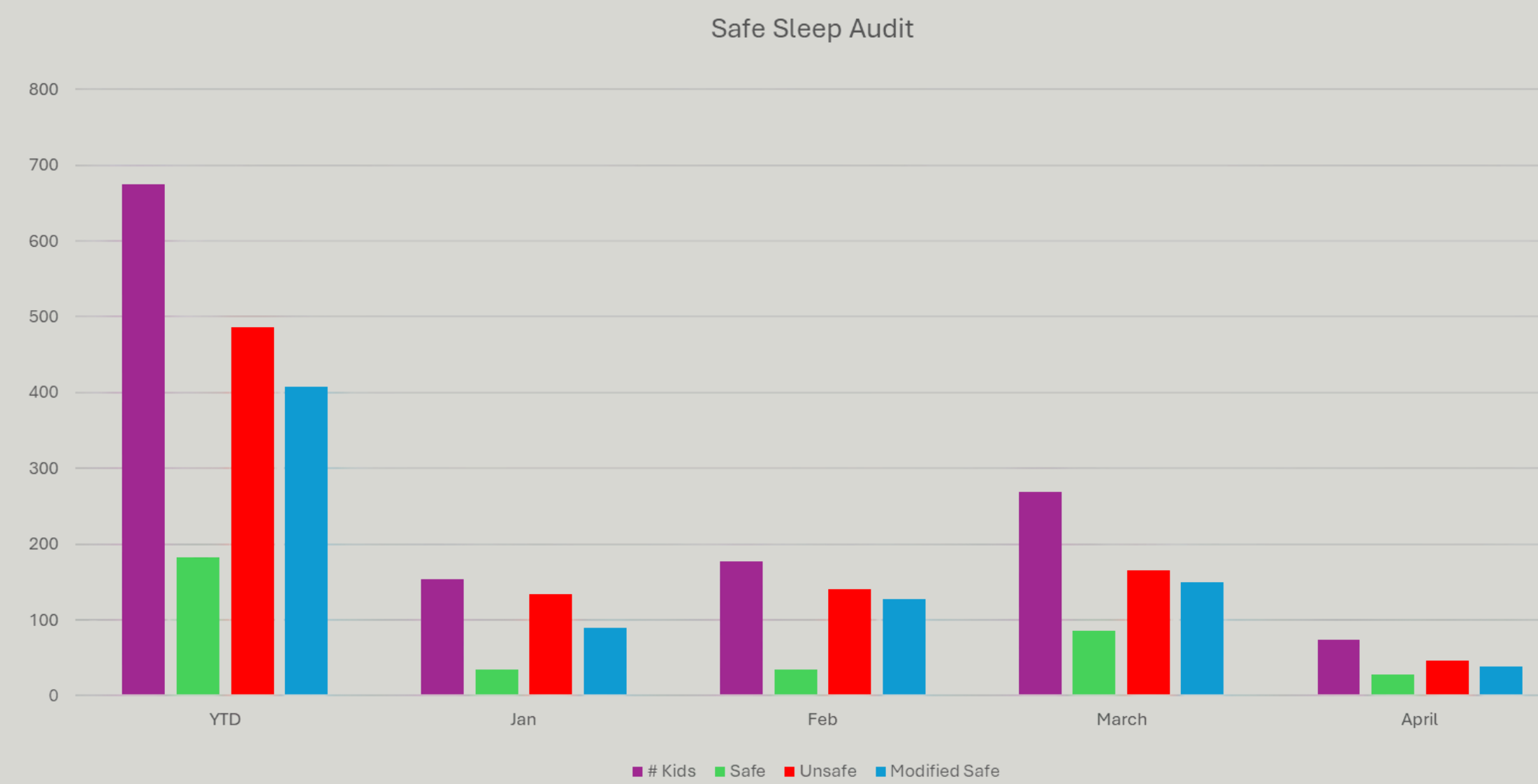
Problem

- The immediate problem is the transitioning patients from critical care interventions that necessitate modified safe sleep practices, utilizing positioning devices and frequent position changes, to preparing for discharge while modeling safe sleep practices in the hospital. Despite having multiple policies and an algorithm in place to address safe sleep, past audits have revealed poor compliance, indicating underutilization of the resources and overapplication of exceptions. Our current focus is on enhancing staff education to improve role modeling and knowledge of safe sleep practices.
- The aim of this project is to reduce infant deaths related to unsafe sleep practices through increased education and outcomes through a staged approach in collaboration with the PA-PQC and a grant acquired through the Jewish Healthcare Foundation.

Interventions

- Over 1,500 employees received Safe Sleep Education from 6.2024-2.2025
- Over 90 Physicians engaged in a conversation about Safe Sleep and motivational interviewing surrounding the topic
- Assessed policies and joined a systemwide policy.
- Translated safe sleep education into multiple languages.
- Provided sleep sacks to model AAP recommendations in the hospital setting.
- Provided community outreach programs to link families with resources and materials which may not be accessible during admission.
- Weekly audits leading to addressing safe sleep with the medical team and families.
- Educated staff about motivational interviewing to improve comprehension and communication with caregivers.
- Created a data set for preferred language in the inpatient population
- Incorporated input and feedback from the NICU Family Advisory Board

Findings



	YTD	Jan	Feb	March	April
# Kids	674	154	177	269	74
Safe	183	35	35	85	28
Unsafe	486	134	141	165	46
Modified Safe	407	90	128	150	39
HOB Order	231	38	59	97	37
Position Order	426	98	110	168	50
HOB w/o Order	191	70	62	53	6
Position w/o Order	142	52	51	29	10
True unsafe	79	44	13	15	7
% True unsafe	11.72107	28.57143	7.344633	5.576208	9.459459

Definitions

- True unsafe sleep: Sleep environment that does not meet safe sleep standards and the patient does not meet an exception or has an order placed.
- Exceptions for Modified Safe Sleep: Upper airway compromise or respiratory distress including airway anomalies and Robin Sequence, Ventilated patients, Some patients receiving noninvasive form of ventilation i.e., BIPAP/CPAP and alternative oxygen, Preterm infants and ill newborns, Neonatal Abstinence Syndrome, Thermoregulated (heated) bed, ECMO or a VAD, Need for positioning devices for developmentally supportive care purposes

Future Directions

- Continue educating new and senior staff who are involved in patient care.
- Work with leaders at CHP to implement mandatory Safe Sleep Education.
- Develop a plan for screening in the ED and resource allocations if needed.
- Work with leadership to continue in hospital community events.
- Support safe sleep in the community at events such as the Walk for Children's.



Acknowledgements

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