

Problem Statement

Increase awareness of safe sleep practices for families in our local community and outpatient medical practices including obstetrics (OB), pediatrics, and family practices (FP).

Focus Area

Physician offices, Inpatient Providers, and Community Outreach

Status

Implementation and Sustainment

Results

In process:
"On this topic, our team would most like to learn from our peers the best way to measure community education"

Key Interventions

1. Translate safe sleep material into most prominent languages in our area (Spanish, Nepalese, Arabic, Uzbek, Russian, Swahili and Haitian Creole through a grant received by UPMC Children's Pittsburgh)
2. Present Safe Sleep education to school-aged children at different schools within the area. We received a grant from UPMC Pinnacle Foundation to provide books and coloring activities for the children.
3. Attend various community events, such as a Baby Shower Outreach, to promote Safe Sleep education within the community.
4. Updated the UPMC system Safe Sleep policy to reflect the latest American Academy of Pediatrics guidelines
5. Sustained Cribs for Kids® Gold Safe Sleep certification



Engagement

- Review PA stats on various Pediatric/Obstetric department meetings
- Obtained feedback from our Parent Advisory Committee regarding updated Safe Sleep system poster
- Review our partnerships with Cribs for Kids for resources for families

Measures

1. Attend 2-3 community events per year, such as Nurse Family Partnership
2. Audit of 40 inpatient charts per month to monitor documentation compliance
3. Distribute updated Safe Sleep flyers/posters to 100% of UPMC Affiliated Outpatient Offices OB, FP, Pediatrics)
4. Document implementation of the outpatient safe sleep policy in at least 50% of UPMC Affiliated sites
5. Provide school-aged education to at least 3 local schools in 2025.
6. Achieve 80% compliance with Motivational Interviewing Techniques education for staff working in Women's and Children's within UPMC Harrisburg.
 - Education created. Will distribute to staff in 2025.
7. Improve prenatal documentation by 50% by 2026.

Team



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