



Wayne Memorial Hospital

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Problem

- Approximately 3,500 infants die of sleep related issues in the United States every year.
- Many issues are identified while inpatient and can lead to unsafe sleep practices at home if not corrected when the problems are first identified.
- Many parents lack education on Safe Sleep practices and are unaware of how to properly provide a safe sleeping environment for their newborn.

Key Measures

- Number of clinical staff who received safe sleep education in past year
 - Target: 80%
- Patient surveys completed each month from August 2024 - March 2025
 - Target: 50% of patients surveyed each month
- Education topics reviewed with patients

Plan

Staff education - Parent surveys - Environment changes

Status

Sustaining

Key Interventions

Maintain Staff Education

- Provide mandatory education as part of onboarding process
- Require staff to complete yearly competencies related to Safe Sleep topics
- Encourage staff to complete the Subject Matter Expert training provided by the PA Safe Sleep Collaborative
- Specific educational “Topic of the Month” shared with staff to enhance their own knowledge of safe sleep practices

Parent Survey

- Survey provided upon discharge
- Evaluates patient perception of safe sleep education provided in the office and inpatient settings, who provided education, and which topics do they recall learning about
- Data collected helps guide focused staff “Topic of the Month” education posted in department

Environmental Changes

- Crib cards are used as safety reminders for home
- Sleep environment audits used to collect data on percent of safe vs. unsafe situations
- Intervene when safe sleep risks are identified
- Safe sleep space referral information included in parent education packets
- Encourage parents to continue with good safe sleep practices at home

Tell Us:

- Have you surveyed your patients?
- What trends did you identify?
- What changes did you make based on your data?

Results

